

2008 RUNNING & TRACK CAMP RESOURCE GUIDE

East Coast

Cornell Big Red Track Camp

Cornell University, Ithaca, NY
 June 13-17
 Coed, ages 13-18
 Commuters \$339, Residents \$439
 Directed by Cornell coaches Nathan Taylor, Artie Smith
 Camp ph. 607/255-1200
 Track ph. 607/254-7494
camps@cornell.edu
www.athletics.cornell.edu/camps

Cornell Big Red Cross Country Camp

Cornell University, Ithaca, NY
 July 27-31
 Coed, ages 13-18
 Commuters \$339, Residents \$439
 Directed by Cornell coaches Nathan Taylor, Artie Smith
 Camp ph. 607/255-1200
 Cross Country ph. 607/255-9782
camps@cornell.edu
www.athletics.cornell.edu/camps

Central Virginia Running Camp

University of Virginia, Charlottesville, VA
 July 27-31
 Cross Country
 Coed, 9-12th Grade
 \$415 resident
 Jason Dunn
 P.O. Box 400841
 Charlottesville, VA 22904
 434/982-5647 Fax: 434/982-4926
CVRC@runcvrc.com; www.runcvrc.com

Kurtztown University

Kurtztown, PA
 June 22-25
 Commuters - \$385; Residents - \$460
 All vaulter's ages 12 and up.
www.skyjumpers.com/pages/camps.html

Nike Track and Field Camp at the Loomis Chaffee School

Windsor, CT
 June 29 - July 3
 Scott Purdy
 Overnight \$625; Extended Day \$525;
 Day \$395
 Ages 14 - 18
 800/645-3226; www.ussportscamps.com

Five-Star Cross Country Camp

Glen Spey, NY
 August 12 - 18
 Steve Lurie
 Overnight \$650
 Ages 12 - 18
 800/645-3226; www.ussportscamps.com

Roy Benson's Smoky Mountain Cross Country Camp

Asheville, NC
 July 6 - 11
 Roy Benson
 Overnight \$615; Extended Day \$515
 Ages 14 - 18
 800/645-3226; www.ussportscamps.com



• GREAT COACHES • GREAT CAMPS

NIKE
Running
Camps

Locations Nationwide!

Get Better this Summer!

1-800-NIKE CAMP
USSportsCamps.com

All registered campers receive NIKE Elite Running Shoes!

Cornell Big Red Track & Cross Country Camps



Track Camp
June 13-17

Cross Country Camp
July 27-31

- Featuring the Cornell coaching staff and guest coaches from other universities.
- Counselors are Cornell team members.
- Campers will utilize Cornell's varsity facilities on it's beautiful Ivy-League campus.
- Dine in Cornell's award-winning dining halls.
- Resident fee only \$439, Commuters \$339

Camp office 607.255.1200
Track office 607.254.7494


www.athletics.cornell.edu/camps

Asheville, NC
July 13 - 18
Roy Benson
Overnight \$615; Extended Day \$515
Ages 14 - 18
800/645-3226; www.ussportscamps.com

Asheville, NC
July 20 - 25
Roy Benson
Overnight \$615; Extended Day \$515
Ages 14 - 18
800/645-3226; www.ussportscamps.com

Roy Benson's Smoky Mountain Coaches Workshop
Asheville, NC
July 6 - 9
Roy Benson
Overnight \$300
Ages 19+
800/645-3226; www.ussportscamps.com

Asheville, NC
July 13 - 16
Roy Benson
Overnight \$300
Ages 19+
800/645-3226; www.ussportscamps.com



**BOULDER
RUNNING
CAMPS**

The Premier High School Running Camp

Camp Alumni Include:

- *Ten Footlocker Finalists!
- *A Dozen NCAA Division I Athletes
- *Two Junior World XC Qualifiers

Individual Camp
July 16th - 20th

Team Camp
July 23rd - 27th

FOR MORE INFORMATION PLEASE VISIT OUR
WEB SITE, COMPLETE WITH CAMP PREVIEW
MOVIES, AN INTERACTIVE SLIDESHOW AND
REGISTRATION INFORMATION.

www.BoulderRunningCamps.com

Asheville, NC
July 20 - 23
Roy Benson
Overnight \$300
Ages 19+
800/645-3226; www.ussportscamps.com

Nike Track and Field Camp at the University of Pennsylvania
Philadelphia, PA
July 6 - 10
Gwen Harris
Overnight \$705; Extended Day \$605
Ages 12 - 18
800/645-3226; www.ussportscamps.com

Brush Mountain Cross Country Camp
Virginia Tech University, VA
July 27 - 31
Ben Thomas
Overnight \$525; Extended Day \$425
Ages 12 - 18
800/645-3226; www.ussportscamps.com

American Track & Field

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Midwest

Sky Jumpers - University of Wisconsin Pole Vaulting Camp

June 14-17
 \$360 commuter
 \$445 resident
 Jan Johnson
 jan@skyjumpers.com
 805/423-2363
 Track and Field Office - University of Wisconsin (Athletics)
 Quandt Field Office
 Stevens Point, WI 54481
www.skyjumpers.com/pages/camps.html

Sky Jumpers - Maine South Pole Vault Day Camp

February 16-17
 \$185
 Jan Johnson, jan@skyjumpers.com
 805/423-2363
www.skyjumpers.com/pages/camps.html

Sky Jumpers - Centerville High School Vaulting Camp

Centerville, Ohio
 June 18 - 21
 Commuters - \$325
 Residents - \$455
 All vaulters ages 12 and up
www.skyjumpers.com/pages/camps.html

Sauk Valley Sports Resort Cross Country Camp

Brooklyn, MI
 July 13 - 17
 Ron Warhurst
 Overnight \$495
 Ages 12 - 18
 800/645-3226; www.ussportscamps.com

Central

Boulder Running Camps

University of Colorado
 Boulder, CO
 Individual Camp: July 16th - 20th
 Team Camp: July 23 - 27th
 Co-ed, grades 9-12
 Team Coaches Camp: July 23 - 27th
 Tuition Rates: \$625 for individual, \$575 for team camp, \$300 for coaches camp

Director: Jay Johnson
mail@boulderrunningcamps.com
 phone: 303/800-4659
www.boulderrunningcamps.com

Pat Manson's Elite Immersion Pole Vault Camps

Pat Manson,
patmanson@msn.com
 303-403-9111
 fax 303-4991528
 Tentative Schedule: Remember please call for final dates! The summer camps begin on Thursday at noon and end on Sundays at 1 pm.
 June 9-12, June 16-19, July 2-5, July 13-16, July 23-26, July 23-26, July 30-Aug 2, Aug 6-9

West Coast

Sky Jumpers Vertical Sports Day Camp

Atascadero, CA
 February 10, March 2, 9, 16, 30, April 22
 July 21-24
 Jan Johnson
jan@skyjumpers.com
 805/423-2363
 6505 Santa Cruz
 Atascadero, CA
www.skyjumpers.com/pages/camps.html

Falcon Running Camp

Whidbey Island, WA.
 July 22 - 27
 Contact: Athletic Department, Seattle Pacific U.
 3307 3rd West, Seattle, WA
 98119-1957
 Phone: 206/281.2025
doris@spu.edu
 Cost: \$360.00
 Junior High and older welcome


Stanford University Track and Field "Camp of Champions"


Stanford, CA
 July 18 - 22
 Edrick Floreal
 Overnight \$675; Extended Day \$675
 Ages 12 - 18
 800/645-3226; www.ussportscamps.com



**2008 SCHEDULE
 SKY JUMPERS
 POLE VAULTING
 CAMPS**

Maine South HS, Park Ridge, Illinois Feb 16-17, 2008
 Atascadero Day Camp, Ca Feb 10, 2008
 Atascadero Day Camp, Ca Mar 2, 2008
 Atascadero Day Camp, Ca Mar 9, 2008
 Atascadero Day Camp, Ca Mar 16, 2008
 Atascadero Day Camp, Ca Mar 30, 2008
 Atascadero Day Camp, Ca Apr 22, 2008
 Centerville, OH June 18-21, 2008
 Kutztown, Pennsylvania June 22-25, 2008
 University of Wisconsin, Stevens Point July 14-17, 2008
 Atascadero, Ca July 21-24, 2008





**DIRECTED BY JAN
 JOHNSON**
 NATIONAL SAFETY CHAIRMAN
 FORMER WORLD RECORD HOLDER
 OLYMPIC BRONZE MEDALIST
 M.S. BIOMECHANICS

**Sky Jumpers Vertical
 Sports Club**
 6505 Santa Cruz
 Atascadero CA, 93422
 Phone: 1-888-279-7502
www.skyjumpers.com
www.vsathletics.com
jan@vsathletics.com

American Track & Field 2008 RUNNING & TRACK CAMP RESOURCE GUIDE

**Stanford University Cross
Country "Camp of Champions"**
Stanford, CA
July 23 - 27
Edrick Floreal
Overnight \$675; Extended Day \$675
Ages 12 - 18
800/645-3226; www.ussportscamps.com

Camps At-A-Glance

February

16-17 Sky Jumpers - Maine South Pole Vault Camp Park Ridge, IL 805/423-2363 www.skyjumperscom

March

2 Sky Jumpers Vertical Sports Camp Atascadero, CA 805/423-2363 www.skyjumperscom
9 Sky Jumpers Vertical Sports Camp Atascadero, CA 805/423-2363 www.skyjumperscom
16 Sky Jumpers Vertical Sports Camp Atascadero, CA 805/423-2363 www.skyjumperscom
30 Sky Jumpers Vertical Sports Camp Atascadero, CA 805/423-2363 www.skyjumperscom

April

22 Sky Jumpers Vertical Sports Camp Atascadero, CA 805/423-2363 www.skyjumperscom

June

14-17 Sky Jumpers - University of Wisc. Pole Vaulting Camp Stevens Point, WI 805/423-2363 www.skyjumperscom
13-17 Cornell Big Red Track Camp Ithaca, NY 607/254-7494 www.athletics.cornell.edu/camps
18-21 Sky Jumpers - Centerville High School Vaulting Camp Centerville, OH www.skyjumperscom
22-25 Kurtztown University Kurtztown, PA www.skyjumperscom
29-3 Nike Track and Field Camp at Loomis Chaffee School Windsor, CT 800/645-3226 www.ussportscamps.com

July

6-11 Roy Benson's Smoky Mountain Cross Country Camp Asheville, NC 800/645-3226 www.ussportscamps.com
6-9 Roy Benson's Smoky Mountain Coaches Workshop Asheville, NC 800/645-3226 www.ussportscamps.com
6-10 Nike Track and Field Camp at the University of PA Philadelphia, PA 800/645-3226 www.ussportscamps.com
13-17 Sauk Valley Sports Resort Cross Country Camp Brooklyn, MI 800/645-3226 www.ussportscamps.com
13-18 Roy Benson's Smoky Mountain Cross Country Camp Asheville, NC 800/645-3226 www.ussportscamps.com
13-16 Roy Benson's Smoky Mountain Coaches Workshop Asheville, NC 800/645-3226 www.ussportscamps.com
18-22 Stanford University Track & Field "Camp of Champions" Stanford, CA 800/645-3226 www.ussportscamps.com
23-27 Stanford University Cross Country "Camp of Champions" Stanford, CA 800/645-3226 www.ussportscamps.com
20-25 Roy Benson's Smoky Mountain Cross Country Camp Asheville, NC 800/645-3226 www.ussportscamps.com
20-23 Roy Benson's Smoky Mountain Coaches Workshop Asheville, NC 800/645-3226 www.ussportscamps.com
27-31 Central Virginia Running Camp Charlottesville, VA 434/982-5647 www.runcvrc.com
22-27 Falcon Running Camp Whidbey Island, WA 206/281.2025
23-27 Boulder Running Camps (Team Camp) Boulder, CO 303/800-4659 www.boulderrunningcamps.com
21-24 Sky Jumpers Vertical Sports Camp Atascadero, CA 805/423-2363 www.skyjumperscom
26-20 Boulder Running Camps (Ind. Camp) Boulder, CO 303/800-4659 www.boulderrunningcamps.com
27-31 Brush Mountain Cross Country Camp Virginia Tech, VA 800/645-3226 www.ussportscamps.com
27-31 Cornell Big Red Cross Country Camp Ithaca, NY 607/255-9782 www.athletics.cornell.edu/camps

August

12-18 Five-Star Cross Country Camp Glen Spey, NY 800/645-3226 www.ussportscamps.com